

Ningham News

POSTAGE
PAID
AUSTRALIA



WHATS ON

- 30 March - Pool Season Closes
- 5 April - Easter
- 5 April - Nungarin Markets
- 15 April - Shire Council Ordinary Meeting
- 25 April - Anzac day Pg. 16
- 30 April 2026—Shire of Trayning Community Grant Application Pg. 4 - 6



The Shire would like to thank Aquatic Contracts for their continued hard work and support in delivering another fantastic pool season.

We also extend our sincere appreciation to Steve for his care and dedication in keeping the pool looking its very best for the whole community to enjoy.



NINGHAN NEWS DEADLINE IS 1.00pm TUESDAY 14 April 2026

Proudly produced by the Shire of Trayning

Email: admin@trayning.wa.gov.au

Railway Street, Trayning WA

PO Box 95, Trayning WA 6488

Phone: 9683 1001 Fax: 9683 1040

OFFICE HOURS 8.30am to 4.00pm - Monday to Friday

DISCLAIMER: The views expressed in articles published in this newspaper are not necessarily the view of the Editor or any other person who may work to produce this publication. The Editor has the right to withhold, edit, abbreviate any items as considered necessary. No responsibility is accepted for any statements of opinion, errors or omissions.

Shire of Trayning News and Updates



Expressions of Interest – Independent Presiding Member

Audit, Risk and Improvement Committee

The Shire of Trayning invites expressions of interest from suitably qualified individuals to serve as an Independent Member of the Shire's Audit, Risk and Improvement Committee (ARIC) in the role of Presiding Member.

This Committee makes recommendations to Council regarding governance, risk management, financial oversight, internal and external audit planning and continuous improvement functions.

The Independent Presiding Member of the Committee is expected to exercise due care and diligence and maintain high standards of governance.

Skills & Experience Required

- Financial Management/reporting;
- Risk Management;
- Governance and Compliance
- Audit practices; and
- Experience in or knowledge of regional local government

Selection Criteria

- Knowledge and experience in statutory financial reporting, risk management, governance, audit and internal controls in a local government setting.
- Strong communication skills, including running a meeting.
- Have a sound understanding of Audit Committee's and Local Government.
- Be a person with no direct association with the Shire as a business entity, either as an Elected Member, or an officer; and not be an elected member with another local government.

Key Responsibilities Presiding Member

The Presiding Member is responsible for leading the Audit, Risk and Improvement Committee, ensuring meetings are conducted effectively, independently, and in accordance with legislative and governance standards.

Term & Remuneration

The appointment of an Independent Member will be made by Council for a term in line with the election cycle. The Independent Member will be remunerated in line with Band 4 Salaries and Allowances Tribunal determinations. Time, travel, and incidentals may be reimbursed as prescribed.

How to Apply

Submit an Expression of Interest Form (available from the Shire Office or website), a recent CV and a cover letter addressing the above selection criteria before the close of applications.

Mark your application as 'Confidential' and forward to: MR Peter Naylor
Chief Executive Officer
Email: ceo@trayning.wa.gov.au
Post: PO Box 95, Trayning WA 6488

Applications close: 4pm, Friday 24 April 2026.

Shire of Trayning News and Updates



AUDIT, RISK & IMPROVEMENT COMMITTEE - INDEPENDENT PRESIDING MEMBER EXPRESSION OF INTEREST FORM APPLICANT DETAILS

Name:	
Residential Address:	
Postal Address:	
Email:	
Mobile:	

REQUIREMENTS FOR CONSIDERATION

As well as completing this Expression of Interest Form, in submitting your application please include a recent CV and a cover letter detailing the following selection criteria:

1. Knowledge and experience in statutory financial reporting, risk management, governance and audit (internal and external), internal controls in a Local Government setting.
2. Strong communication skills, including running a meeting.
3. Have a sound understanding of Audit Committee's and Local Government.
4. Be a person with no direct association with the Shire as a business entity, either as an Elected Member or an officer; and not be an elected member with another Local Government.

- I understand I will fulfill the role of Independent Presiding Member. Yes No
- I am prepared to commit to the meeting requirements of the Committee. Yes No
- I am prepared to commit to the Code of Conduct for Elected Members, Committee Members & Candidates. Yes No
- I acknowledge I must attend the meeting in person to receive payment. Yes No
- Included is my cover letter that addresses the selection criteria and CV. Yes No

Signed: _____ Date: _____

SUBMISSION DETAILS

Applications are to be received by no later than 4.00pm on Friday 24 April 2026 and can be lodged via email to ceo@trayning.wa.gov.au

Hand delivered or posted submissions will also be accepted and can be sent to:

Chief Executive Officer
Shire of Trayning
66 Railway Street
Trayning WA 6488



COMMUNITY GRANTS

APPLICATIONS CLOSE 30 April 2026

DO YOU REQUIRE A GRANT OR SPONSORSHIP FROM COUNCIL?

If your Club or Organisation wants a grant or sponsorship from council, it is IMPORTANT that a written Grant Application Form be lodged.

Application form are available from the Shire Administration Office, by emailing admin@trayning.wa.gov.au or can be downloaded from the Shire of Trayning Website www.trayning.wa.gov.au.

Community Grants will generally be to a maximum of \$500. Requests for grants above \$500 will be considered provided the club or organisation combined with any other external grant funding is contributing two thirds of the project cost.

Please note that a Grant Application must be lodged to be eligible for funding, even though your group or club may have already been consulted.

Peter Naylor

Chief Executive Officer

Shire of Trayning News and Updates



Shire of Trayning
PO Box 95
Railway Street
TRAYNING WA 6488
Email: admin@trayning.wa.gov.au
Ph: (08) 9683 1001

Community Grant Application Form

Date: _____

Name of Group: _____

Contact Person: _____

Address: _____

ABN: _____

Association Number (IARN): _____

Amount of Grant Requested: _____

Detail the anticipated income for the current financial year:

Detail the anticipated expenses for the current financial year:

Expected Bank Balances as at 30 June for the current financial year:

Shire of Trayning News and Updates



Shire of Trayning
PO Box 95
Railway Street
TRAYNING WA 6488
Email: admin@trayning.wa.gov.au
Ph: (08) 96831001

Details of any fundraising activity held in the last financial year (including sum of money raised):

Details of any fundraising activity held in this financial year (including sum of money raised):

Give a detailed budget for how the grant will be used (please attach a minimum of two written quotations where applicable):

Any further relevant information:

Please return completed Community Grant Application Forms and any other relevant documents to admin@trayning.wa.gov.au by 30 April 2026.



Public Notice

Upcoming Road Works

The following roads works are scheduled to commence in the coming Months

Please note in an effort to minimise traffic interruption we are endeavoring to complete the re-sheeting works in the coming months.

Harrod Road - Shoulder works still in progress - March 2026

Sutton Road - Drainage - April 2026

Kununoppin / Mukinbudin Road - Reconstruction - February 2026

Kellerberrin / Bencubbin Road - Reconstruction - February 2026

No roads will be closed but expect delays, remember to plan your trip ahead of time and drive to road restrictions and conditions.

Paul Healy
Manager of Works



Dog and Cat Registrations and Renewals

Dear Residents

The Shire will be organising the Ranger to attend all properties to confirm dog and cat registrations & renewals, this is due to an influx of pet complaints and enquiries being received by the Shire of Trayning.

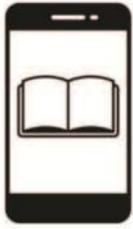
To avoid any issues please action as below:

- New residents or new pets, please visit the Shire Office to register your dog or cat.
- If your pet is registered in another City or Council, you still need to update their record, so they are registered in the correct district. Current registrations can be transferred at no cost to you.
- If your pet is registered with the Shire of Trayning but you are unsure if it is current, you can contact the Shire Office on 9683 1001 to confirm or update the pet's details.

Please remember if you have sold, transferred or your pet is now deceased you still need to contact the Shire, so records are up to date, and you do not receive any further renewals or notices.

You can find more information on pet registrations on the Shire of Trayning Website visit: [Ranger Services » Shire of Trayning](#)

Peter Naylor
Chief Executive Officer



2026 TELEPHONE DIRECTORY

The 2026 KTY Telephone Directory is now available, Purchase a copy for \$3.50 from the Shire of Trayning Administration Office or the Trayning Post Office.

Please contact the Shire of Trayning on 9683 1001 or via email admin@trayning.wa.gov.au to update your contact information for the 2027 Telephone Directory.



AUSTRALIAN CITIZENSHIP CEREMONIES

It has been many years since the Shire of Trayning has conducted a Citizenship ceremony, and this year we have had the privilege of officiating two.

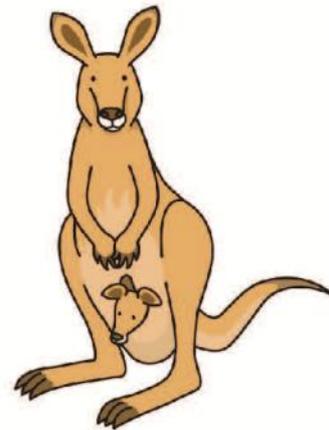
Louise Masser's ceremony was held on Thursday 26 February at 10:00am in the Shire Chambers. In attendance to witness this notable occasion were special friends, Dorothy Saggars and Kylie Braddon, along with Mrs. Valda Knott JP and Shire staff. A morning tea was enjoyed by all at the conclusion of the ceremony, with the highlight being a magnificent cake made by Heather Naylor.



Shire of Trayning News and Updates



Abbie Harken's ceremony was held on Wednesday 18 March at 3:30pm immediately preceding the Ordinary Meeting of Council. It was wonderful to have Abbey's parents Bev and Barry attend via Teams all the way from the UK, and joining us in the chambers was husband Corey and son Jordan. Mrs. Valda Knot JP and all Councillors were also present along with Shire administration staff. Afternoon tea was held after the Council meeting to celebrate the occasion, once again with a beautiful cake supplied by Heather Naylor.



Both ladies received an official certificate and a commemorative coin to mark the occasion, along with information on how to register to vote.

It has been an honour to conduct the Australian Citizenship Ceremonies for our KTY residents, Louise and Abbie. Both ladies have shown their commitment and alliance not only to our wonderful country Australia, but to the community that they live in, by becoming citizens. On behalf of the Shire and community we would like to extend our congratulations to you both and officially welcome you as Australians!





Public Notice

Mosquito Tablet

The Shire of Trayning is supplying a free mosquito tablet for your septic tanks, with your help we can decrease the number of mosquitoes in our Shire.

Collect your tablet today during opening hours 8:30am - 4:00pm
Monday - Friday from the Shire of Trayning Administration Office.

Peter Naylor
Chief Executive Officer



Public Notice

Pensioner / Seniors Fuel Card

Since the introduction of the new pensioner fuel cards which allow them to be used at un-manned BP fuel stations, the Shire of Trayning Administration Office are no longer providing this service.

You are now able to use your pensioner fuel card at all unmanned BP fuel stations. To do so you will need to set up a pin on your card prior to use. Details on how this can be done are provided below. If you would like help please do not hesitate to come into the Administration Office for assistance. The fuel cards can still be used as normal at manned BP fuel stations.

How do I set up a PIN on my Pensioner / Senior fuel card?

Online:

1. Log into your WEX Motorpass online account at osc.motorpass.com.au
2. Click through to the Cards section, select your card and then select PIN setting.
3. Expand the PIN setting section to set and confirm your PIN.

By phone:

1. Call WEX on 1300 764 502.
2. Follow the prompts to obtain a PIN Establishment code (pec). You will need your card number and mobile number handy.
3. Once you have your PIN Establishment code, Visit www.setupmypin.com.au where you set and confirm your pin.



Shire of Trayning News and Updates

You can now receive a Emergency Relief package at the Shire of Trayning Admin Office. Please contact Share and Care on 9622 2828 to arrange services.



EMERGENCY RELIEF

EXPANSION TO THE FOLLOWING TOWNS:

- Beverley
- Brookton
- Corrigin
- Cuballing
- Dumbleyung
- Kondinin
- Kulin
- Lake Grace
- Narrogin
- Pingelly
- Wagin
- Wandering
- West Arthur
- Wickipen
- Williams



ASSISTANCE MAY CONSIST OF:

- Coles or Food vouchers for closest possible Grocery Store
- Fuel Vouchers
- Food Hampers
- Assistance towards prescription glasses
- Gas Bottles for families with small children or clients with disabilities and/or aged.
- Bus or Train tickets to appointments in the Metro area
- Assistance with prescription medication
- Assistance towards Utility Accounts when referred via a Financial Counsellor
- Donated linen or household items (not furniture)

CONTACT TO BOOK AN APPOINTMENT

After a client has received full Emergency Relief Assistance three times, they will need to engage with the Share & Care Financial Counsellor before they can access additional Emergency Relief.



(08) 9622 2828



admin@shareandcare.com.au



COMMUNITY SAFETY ALERT

FUEL THEFT REPORTED IN THE DISTRICT

SECURE FUEL AND EQUIPMENT

- Lock fuel browsers, tanks, and storage sheds
- Secure plant, machinery, and light vehicles when not in use
- Avoid leaving fuel containers or jerry cans in visible or easily accessible areas

IMPROVE PROPERTY AWARENESS

- Install motion activated lighting, cameras, or alarms where possible
- Keep access points, sheds and yards well-lit where possible
- Record serial numbers and keep an inventory of equipment and fuel

STAY VIGILANT IN RURAL AREAS

- Be alert to unfamiliar vehicles, unusual activity, or signs of tampering
- Let neighbours know if you will be away or if you notice anything suspicious
- Rural communities are strongest when we look out for one another

REPORT SUSPICIOUS ACTIVITY

WA Police

131 444

Triple Zero for emergencies

000

Report non-urgent information to Crime Stoppers

1800 333 000

Bencubbin Police

9685 0200

0408 097 313



Public Notice



Anzac Portal
anzacportal.dva.gov.au

ANZAC DAY

25 APRIL



Since the first Anzac Day commemorations on 25 April 1916, Australians have paused to recognise and honour the service and sacrifices of veterans and families.

Scan here
for more information about the poster.



Steven Stewart



MEET THE TEAM

Dr Bryan & Nurse Kylie

WE OFFER A RANGE OF SERVICES COMPLETE CARE - CLOSE TO HOME

- Skin Cancer Checks
- Over 75 Health Checks
- Hearing Tests (Audiometry)
- Spirometry (Lung Function Tests)
- Drug & Alcohol Testing
- Pre-Employment Medicals
- Truck & Commercial Driving Medicals
- Private Vehicle Driving Assessments
- Firearms Medicals **must be an existing patient or willing to become an ongoing patient of the practice*

PHARMACY SERVICES

- Pharmaceutical Items
- Dispensing & Ordering Medications
- Overnight Ordering Available
- Preferred Brands Welcome
- Special Orders Encouraged



Livingston Medical | 24 Hughes St Kununoppin
www.livingstonmedical.com.au | 6383 9856



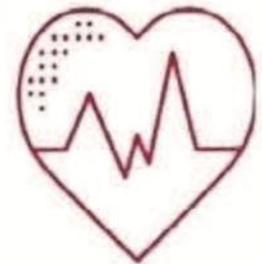
**Calling All KTY
Residents....
We Need Your Help!**

We need people passionate
about helping their community

We need people to help with
non emergency transfers
between hospitals

We need people to help with
emergency call outs

We need you to become a St
John ambulance volunteer



**Are YOU Up For The Challenge?
Sign Up Today....**

Email: Kununoppin.Subcentre@stjohnwa.com.au OR
CP.EasternWheatbelt@stjohnwa.com.au

Phone: Peter 0428 682 832 or our Community Paramedic
(Scott) 0418 378 948 for more information

Sponsored by

Community Bank
Mukinbudin

 Bendigo Bank

VINTAGE RALLY
&
SEARCHLIGHT PARTY

SATURDAY 4TH APRIL
FROM 2PM
\$10 per person

Come along and see a WWII searchlight
fired up and moving across the night sky.

Family friendly event of vintage
discovery, local stories and fun!

Dinner available from 5:30pm

At Nungarin Heritage, Machinery & Army Museum
26 Second Avenue Nungarin

For more information please call or email
9046 5040

nungarinheritage@bigpond.com



Public Notice



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SUPPLIES**

High Quality / Screened
**Kalannie &
Lake Cowcowing**

Typical analysis:
Calcium 22% Sulphur 17.8%
Independent Analytical Reports Available



Daniel Nixon
0429 662004
www.gypsumsupplies.com.au



Double demerit points will apply to prescribed offences from 0001 hours Thursday 02 April 2026 to 2359 hours Monday 06 April 2026.

Double demerit points will apply to the following offences:

- Speeding
- Seatbelt offences (pertaining to drivers)
- Illegal use of mobile phones
- Driving with a BAC of or above 0.05
- Presence of prescribed illicit drugs or fail to supply oral or blood sample
- Contravene a red traffic control signal / arrow
- Drive a motor vehicle fitted with a device designed to evade detection by a speed camera (14 points during double demerits period)
- Drive a motor vehicle in a manner to evade detection by a speed camera (14 points during double demerits period)

There will be a **heightened Road Policing enforcement** – anywhere, anytime.

For Sale

- ◆ Electric fully adjustable home Hospital Bed including waterproof medical mattress.
- ◆ Over bed bedtable on wheels
- ◆ Brand new Lambs wool Underlay
- ◆ Forearm Crutches

(Needs new rubber tips)

\$3000 the lot



Contact: Belinda 0427831051- Trayning

KTY HIRE

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CHAIRS & MORE

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LOCATED SOUTH KUNUNOPPIN



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Lowloader Service & Side Tippers

Gypsum Supplies ex Cowcoving Pit Since 1981

We look forward to being of service to you in 2026



PH: 08 968 11 117 Mb: 0427 918 904

david@ddtransport.com.au

D & D Transport , At your service since 1977



WHEATBELT AGCARE

Community Support Services Inc. (est. 1991)

FAMILY & INDIVIDUAL COUNSELLING SERVICE



CLARISSA PANIZZA: Phone 90 465 091 or Mobile 0488 465 081

Serving the Shires of: Kellerberrin Mt Marshall Mukinbudin
Nungarin Tammin Trayning Westonia & Yilgarn

DI MORGAN: Mobile 0488 964 255

Serving the Shires of: Dowerin Koorda & Wyalkatchem

CHRISTIE KINGSTON: Mobile 0461 387 412

Serving the Shire of Merredin

A Family Counsellor can assist you with:

- Adjusting to Separation
- **Anger Management**
- Coping with Grief and Loss
- **Domestic Violence Issues for Adults and Children**
- Learning to Manage Anxiety, Depression and Stress
- **Relationships: Family, Couples, Parent/Child, Parent/Adolescent and Mediation**
- Self Esteem, Personal Growth, Life Skills & Life Stage Issues
- **Sexual Abuse & Sexuality Issues**
- Suicide Prevention
- **Trauma**
- Work Related Issues

FREE, CONFIDENTIAL AND MOBILE – RURAL COUNSELLING SERVICE

Country People Helping Each Other

*Your local voice
for Traying!*

Here to help!

✉ lachlan.hunter@mp.wa.gov.au

Northam Office

☎ (08) 9622 2871
📍 PO Box 92, Northam WA 6401
🏠 185 Fitzgerald St, Northam

Merredin Office

☎ (08) 9041 1702
📍 PO Box 66, Merredin WA 6415
🏠 Old Town Hall, Mitchell St, Merredin

LACHLAN HUNTER MP
MEMBER FOR CENTRAL WHEATBELT



Authorised by L. Hunter, 185 Fitzgerald St, Northam WA 6401.



YELBENI RURAL
HERE TO HELP YOU GROW

Shop: (08) 9682 5012
Email: shop@yelbenirural.com.au

*Your one stop shop for all farm chemical, seed and fertiliser,
agronomy, automotive, hardware and grocery supplies*





BENCUBBIN JUNIOR NETBALL NETBALL TIME!!

Fast feet. Big smiles. Sparks flying.

Benny Sparks

Where future She Devils begin.

Benny Sparks is a fun, safe and supportive introduction to netball for kids aged 5–13.

It's the perfect place to learn the game, build confidence, stay active and make great friends along the way.

Whether your child is brand new to netball or already loves the court, there's a place for them in red and black.

All abilities welcome. Everyone gets a go.
Every registered Woolworths NetSetGO participant will receive a Participant Pack.

KID SPORT

You may be eligible...

KidSport enables WA children aged 5–18 years to participate in community sport and recreation.

Eligible children can receive up to \$150 to cover the costs of joining our club.

Find out more...

<https://kidsport.dlgsc.wa.gov.au/>

- ✓ **ROUND 1 - 18 APRIL 26**
- ✓ **TRAINING NIGHT - TBC**

MORE INFO:

Daneeka Yates
President
bencubbinnetball@gmail.com
M: 0400 423 414

COACHING TEAM
TBA



Public Notice

Trayning Community Shop

ALL MONEY STAYS IN THE COMMUNITY!!

Opening

Thursday & Saturday

10:00am to 12:00pm

Come in and have a look.....

....You never know what you might find!



Out of hours shop can be opened if needed by:

Anna Ricetti on 0408 099 315

Vikki on 0451 501 961



Ningham Fitness Centre

Open 24-7



**Closed every Thursday between
8:00am—9:00am for Cleaning**

**Yearly Membership & Day Passes
available at the Shire Administration
Office**

**or email admin@trayning.wa.gov.au
to sign up today!!**

Public Notice

25
ways to

**Make Every
Conversation
Matter**

Mental Health First Aid Day

Every conversation can be a turning point in someone's life. Whether it's in person, on the phone, in virtual meetings, over text or via social media, there are things you can do to make every conversation matter.



Learn more



**MENTAL HEALTH
FIRST AID**
For Anyone. For Everyone.

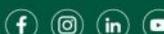
Preparing	Know the signs	Pick your moment	Check in with yourself	Choose a safe space	Create a supportive environment
	Recognising when someone is struggling lets you know when it's time to step forward and offer support.	Start a conversation when you're not in a rush or distracted, so that you allow adequate time to listen, focus and respond appropriately.	Check in with yourself before initiating a conversation to make sure you are in the right frame of mind to discuss difficult topics.	A relaxed environment with privacy will encourage someone to talk openly.	Non-judgemental comments and active listening are essential for creating a safe and supportive environment.
During conversation	Focus on the behaviours	Listen to understand	Avoid providing solutions	Express genuine empathy	Don't make comparisons
	When sharing your concerns, focus on specific behaviours or things you have noticed rather than criticising them.	Instead of inserting your own opinion, you might say something like, 'That must be tough to deal with. How are you coping?'	Instead of providing solutions, ask questions that prompt further thought, such as 'Have you considered talking to a professional about this?'	Use supportive, non-judgemental words such as 'I care about you', 'I'm listening', 'I'm here to help', or 'Your feelings are valid'.	Avoid comparing them to others or to previous versions of themselves, focus on their current experience and emotions.
	Use 'I' instead of 'you'	Don't talk too much about yourself	Show that you understand	Ask open-ended questions	Try not to interrupt
	For example, you might say 'I have noticed a change in your behaviour lately' rather than 'You have changed'.	It's important to prioritise the other person's needs and experiences without overshadowing them with your own.	Reflect their words back to them such as 'It sounds like the past week has been really overwhelming for you. Is that right?'	Questions like 'What's that like for you?' instead of 'yes' or 'no' questions like 'Do you feel sad?' encourages conversation.	Even if you think you know what they're going to say, it can interrupt their train of thought and make them shut off.
After	Respect different perspectives	Offer practical support	Let them know it's OK if they're not ready to talk	Direct to professional help	Look after yourself
	Be sensitive and respectful to any cultural, religious or personal differences.	If someone is feeling overwhelmed, offering to take something off their to-do list (such as running errands) can ease pressure.	Try not to pressure someone to open up and talk to you if they're not ready. Simply let them know you're there.	Remember it's not your role to have the answers or be a counsellor. Help them access professional support, if appropriate.	Don't forget to check in with your own thoughts and feelings when supporting others - and reach out to someone you trust if you need support.
	Practise self-care	Follow up	Be consistent, not intrusive	Respect their choices	Seek support
	Do something nice for yourself after the conversation.	Support shouldn't be a one-off. Following up can show you care.	A simple message or quick check-in can go a long way. Let them know you're there, without overwhelming them.	People open up in their own time. Be patient, and let them know you'll be there when they're ready.	If you find yourself feeling affected over time, seek professional support.

Anyone can have a conversation that may save a life. Become a Mental Health First Aider today.

mhfa.com.au/our-day

#MHFADay

Join us on social media



CENTRAL WHEATBELT 2026 WINTER SPORTS FIXTURES



ROUND ONE

18th April 2026	25th April 2026	2nd May 2026	9th May 2026	16th May 2026
ALL SPORTS TO BE PLAYED IN KOORDA Mukinbudin v Beacon Kalannie v Bencubbin Koorda BYE	Koorda v Kalannie Bencubbin v Beacon Mukinbudin BYE	Beacon v Kalannie Mukinbudin v Koorda Bencubbin BYE	Koorda v Bencubbin Kalannie v Mukinbudin Beacon BYE	Beacon v Koorda Bencubbin v Mukinbudin Kalannie BYE
DELTA AG ROUND	ANZAC ROUND			BELT UP ROUND

ROUND TWO

23rd May 2026	30th May 2026	6th June 2026	13th June 2026	20th June 2026	27th June 2026	4th July 2026
Mukinbudin v Beacon Bencubbin v Kalannie Koorda BYE	CWNA Country Week BYE	Kalannie v Koorda Beacon v Bencubbin Mukinbudin BYE	Kalannie v Beacon Koorda v Mukinbudin Bencubbin BYE	CWLHA Country Week BYE	Bencubbin v Koorda Mukinbudin v Kalannie Beacon BYE	Koorda v Beacon Bencubbin v Mukinbudin Kalannie BYE
			THINK MENTAL			

ROUND THREE

11th July 2026	18th July 2026	25th July 2026	1st August 2026	8th August 2026	16th August 2025
CWFL Country Week BYE	Beacon v Mukinbudin Kalannie v Bencubbin Koorda BYE	Beacon v Kalannie Mukinbudin v Koorda Bencubbin BYE	Koorda v Bencubbin Kalannie v Mukinbudin Beacon BYE	Koorda v Kalannie Bencubbin v Beacon Mukinbudin BYE	Beacon v Koorda Mukinbudin v Bencubbin Kalannie BYE
		BENDIGO ROUND			



BENDIGO BANK
Finals Series

22nd August 2026
Semi-Finals - Kalannie

29th August 2026
Preliminary Final - Koorda

5th September 2026
Grand final - Bencubbin



Public Notice



Central Wheatbelt Uniting Church Notices 2026

Tuesday	24 March	Bible Study	Trayning	10am
Tuesday	31 March	Bible Study	Trayning	10am
Sunday	5 April	Easter Sunday	Trayning	11am
Tuesday	7 April	Bible Study	Trayning	10am
Sunday	12 April		Trayning	11am
Tuesday	14 Aril	Bible Study	Trayning	10am
Sunday	19 April		Kellerberrin	11am

Community Minister:

Valda Knott OAM JP
 Mob: 0488 253 490
 Email: valmknott2@gmail.com

Please call Valda if you need help of any kind

All Dates May change, will advise if so.

Psalm, 16 Chapter 11:
 God, you show me the path of life.
 In your Presence. There is fullness of joy.



St Joseph's Catholic Church Centenary

On Sunday 12th April we will celebrate the Church's
 Centenary with a Mass at 11am followed by a light
 lunch at the Trayning Sporting Club.

All are welcome to join us.

RSVP before 6th April to Sandra Waters
 0429832048 or email: gfswaters@bigpond.com



WARRIOR WELLBEING ARTICLE

Men and Cancer

BY THE REGIONAL MEN'S HEALTH INITIATIVE
April 2026

Men in Australia are much more likely to be diagnosed with and die from Cancer than women. In fact, according to the Cancer Council of WA the lifetime cancer risk is 1 in 2 for men and 1 in 3 for women. Men are over represented in all gender shared cancers including the most common - lung, bowel and skin. The experience of cancer in one form or another is never good, but it does beg the question, why the gender disparity? There is no simple answer, but we do know that men in general are less likely to visit their GP to report or act on any unusual symptoms or changes.



Cancer is a disease driven by changes in our DNA/genes which causes a group of abnormal cells to divide and grow out of control. It usually occurs in a specific spot but can spread to other parts of the body. We are still some ways from finding a cure, but we do know that finding cancer early improves our chances of successful treatment and long-term survival. For the average bloke, general things that warrant a chat with a GP could include:

- unusual lumps or a sore that isn't healing properly;
- unusual changes in our testicles – changes in shape, consistency or a lump;

- a persistent cough or hoarseness, coughing up blood;
- unexplained weight loss;
- moles that have changed shape, size or colour, or bleed, or an inflamed skin sore that hasn't healed;
- blood in a bowel motion;
- persistent changes in toilet habits or urinary problems or changes.

It is important to note that these symptoms are likely to be related to more common, less serious health problems. However, we still need to discuss them to ease our concerns or pick up something early rather than later.

Unfortunately, it is often only when blokes find they are progressed with cancer that they actually start to think about modifying their behaviour and making healthy changes. So, what can us men do to prevent or lessen our chances of developing cancer?

- Stop smoking – lung cancer is the leading cause of cancer death in Australian men
- Be SunSmart – protect our self in the sun and take care not to burn
- Stay in shape – aim for a healthy body weight, watch our waistline
- Move more – be physically active for at least 30 minutes on most or all days
- Eat for health – A varied diet with lots of fruit/vegetables and limit red meat
- Limit alcohol – no more than two standard drinks a day and try to have one or two alcohol-free days a week
- Have a chat with our GP about our prostate especially if we are over 45 years
- Use our bowel screen kit when you get it
- Get to know our family history of cancer

Remember it's our health, if we have any concerns or questions, we need to go and chat with a GP, don't wait and leave it till it's too late.

- @RMHI_4blokes
- Working with Warriors Podcast
- regionalmenshealth.com.au



WARRIOR WELLBEING ARTICLE

Talk to a Mate!!
REGIONAL MEN'S HEALTH

Sun Safety – Looking After Our Skin

BY THE REGIONAL MEN'S HEALTH INITIATIVE
March 2026

Us West Aussies love nothing more than getting outdoors and enjoying the abundance of sunshine that lathers our great state. A small amount of incidental exposure to sunlight, around a few minutes each day, is important for maintaining adequate levels of Vitamin D needed for strong bones, muscles and overall good health. Too much exposure however, places us at great risk of damage from Ultra Violet (UV) radiation which potentially could lead to the development of skin cancer. We need to get the balance right!



Australia has one of the highest rates of skin cancer in the world mainly due to our very high UV levels. According to the Cancer Council WA, at least two in every three people will develop some type of skin cancer before they reach the age of 70.

Of the three main types of skin cancer most of these people will develop a Basal Cell Carcinoma which is usually a small, slow growing abnormal growth found mainly on the upper body, head and neck. They don't usually spread far but if left can result in facial and body disfigurement. The next most common is the Squamous Cell Carcinoma often found on the lips, ears and scalp. These grow quicker and if left can potentially spread into the lymph nodes of the neck and then to other parts of the body.

The last and most dangerous type is the Melanoma which accounts for about one to two percent of all skin cancers. It can be found anywhere on the body but is mainly on the upper back of men and lower legs of women. It is an aggressive type and if left untreated can spread quickly to other parts of the body and potentially be fatal! It was estimated that this year alone there will be over 14,000 new cases nationally of Melanoma skin cancer detected, with over 8,500 of those men.

By spending more time in the sun, we inevitably place ourselves at an increased risk of skin damage and potential skin cancer. Taking measures to be sun safe should be part of our daily routine especially if we are involved in outdoor work! It is important to remember that the UV levels can still be high even on a cool and cloudy day. Following these simple tips will get us well on the way to being sun safe ...

- Cover up with appropriate clothes
- Use sun-screen (don't forget to re-apply often)
- Wear a hat (the broader the better)
- Seek out shade
- Wear sunnies to protect your eyes

Early detection is always the key. Check your skin regularly all over for any unusual spots or growths (get your partner to help). You can visit the Cancer Council WA website for information about what exactly to look for and don't hesitate to get anything of concern looked at by your doctor. An annual skin check with your GP or at a reputable skin clinic is also a good way to keep track of any changes or developments.

 @RMHI_4blokes

 Working with Warriors Podcast

 regionalmenshealth





Traying Primary School News

T1 Week 5 2026



Our Vision: A learning community of confident and resilient students who strive for excellence.

30 ADAM STREET

TRAYNING WA 6488

TEL: 96831400

EMAIL: TRAYNING.PS@EDUCATION.WA.EDU.AU

G'day and hello to all our Parents, Carers and Community Members



From the Principals Desk

Wow, how quickly we have come to the middle of term one. Our students have settled in nicely to the 2026 year.



Staffing News

This year we are privileged to have begun the year with our fantastic staff members, and we would like to welcome both our ongoing and new staff to Trayning Primary School.

Principal: Mrs Vicki Macdonald

Manager Corporate Services: Mrs Melanie Brown (Wed/Thurs/Frid)

Junior Room Teacher: Mrs Laura Louth

Junior Room Education Assistant: Miss Kayla Sanders

Senior Room Teacher: Mrs Davina Hurst (temporary until the end of term one)

Senior Room Education Assistant: Mrs Melita Enright

DOTT Teacher: Mrs Natasha Hardy (Mon/Tues)

Cleaner: Mrs Faye Bell

Gardener: Miss Tessa Runge

Thank you to our incredible teaching team who have really worked hard to give our students the best start to the year. We love that you work hard to create environments where our students feel safe and happy and have the opportunity to learn and thrive.

We love to see our students taking pride in our school and thank those students who arrive at school in full uniform each day. Wearing the school uniform with pride fosters a sense of belonging and unity among our students. If you need any assistance with uniforms, please contact the front office. Part of respect for wearing our school uniform is tying hair up if it is longer than shoulder length. Our students' heads are often close together and this can mean that Nits are able to jump from one head to another. Tying hair up can assist in your child not being subjected to Nits.

As we continue to develop our school values with our students, we ask that support us by discussing these values at home. This fortnight's focus is about Responsibility. We practice our values at school and discuss them in the classroom and at our fortnightly values assembly.

Students in Year 3 and Year 5 will be participating in NAPLAN over the coming weeks.

Our network of schools is currently organising our year 5/6 camp for 2026, which will be taking place in Term 2, Week 10 – 22-26 June. More news on this soon.

As always if you have an issue or would like to discuss anything school, please do not hesitate to pop in for a chat. We are here to support all students, families and the community.

Always working together

Mrs Vicki Macdonald

Principal

**“Education is not
the filling of a pail
but the lighting of
a fire.”**

–William Butler Yeats

Key Dates to Remember

NOW

Thursday 5 March

11-23 March

Friday 13 March

Swimming Pool

16 - 22 March

Friday 20 March

Saturday 28 March

Thursday 2 April

Friday 3 April

Tuesday 21 April

Contributions and charges are due

World Book Day

NAPLAN Week

TPS mini swimming carnival @ Trayning

Harmony Week

National Ride2School Day

Merredin & Districts Agricultural Show

World Autism Awareness Day

Good Friday - Public Holiday

Term 2 commences



REMINDERS

COLLECTING STUDENTS AT THE END OF THE SCHOOL DAY

Please wait at the gate for your child if collecting them unless they are in Kindy or Pre Primary. If you are collecting students from the Early Childhood area, please wait outside the classroom from 3:00pm, your child will come to you when the siren goes.

SIGNING IN AND OUT

All visitors to the school outside of morning drop-off and afternoon pick-up times must sign in through the front office. Students who are collected during the school day must also be signed out through the front office. Please do not go directly to classrooms.

STAFF CAR PARK

Parents are reminded not to park in the staff car park so that we can continue to keep our students safe. Thank you.

CRUNCH AND SIP

Please remember when school lunches are packed to include recess and some fruit or vegetables for crunch and sip time. Students are also reminded to remember their water bottles. Staying hydrated in this hot weather is imperative.

CONTRIBUTIONS AND CHARGES

Contributions and charges are due NOW. Monies collected are used to provide valuable resources and experiences for our children. Thank you for your prompt payment. If you have questions or require assistance, please contact our Administration team. The full schedule is at the end of this newsletter.

Junior Room Term 1



Hello Parents and Carers,

Welcome to Term 1 and what a busy term we have had so far!

The students have settled back into school and are showing exceptional dedication, perseverance, and hard work.

A big focus for us at the beginning of the year is to establish strong classroom routines so students feel safe, confident and ready to learn each day.

We also encourage reading every night at home, as regular practice is so important in building fluency, confidence and a love of books.

On Tuesdays students are invited to bring in an item from home that they can share during our Show and Tell session.

Mrs Louth and Miss Sanders



Senior room

The Senior Room has had a positive and smooth start to the year. Students have enjoyed getting to know the new classmates who have moved up and have begun building a supportive classroom community. They've also been busy meeting their new teachers and learning the routines and expectations that will help them grow as confident, independent learners. It's been great to see everyone settling in so well and showing enthusiasm for the year ahead.



Clean up Australia Day

To mark Clean Up Australia Day, our Junior and Senior rooms joined together to help keep Trayning beautiful. Students walked through local public spaces, collecting rubbish and caring for our shared environment. We're proud of their teamwork, enthusiasm, and commitment to looking after our community!



Watch this space!

Mrs Macdonald, Mrs Louth and Mrs Hardy recently attended training in Perth as part of a grant through Makers Empire, The Andy Thomas Space Foundation and the Australian Space Agency. As a result of the grant, we have acquired a new 3D printer and access to the Makers Empire digital designing app.

We are also enrolled in this year's **Kids in Space Challenge**. Students will spend the next term and a half learning, researching and designing to create an entry into the challenge which will culminate with a showcase in Perth alongside other schools participating in the challenge.

So, watch this space for some exciting design thinking!



Our School Values

OUR TWO-WEEK VALUES FOCUS IS



Responsibility involves taking ownership of your learning, behaviour and environment. Responsible people arrive on time, are prepared, complete required tasks, respect peers and teachers, follow safety rules and manage personal belongings.



School Notice

Parent Calendar



TRAYNING PRIMARY SCHOOL Term Planner Term 1 2026

WK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
5 Mar	2 Labour Day Public Holiday	3	4 NEWSLETTER	5 World Book Day	6	7/8
6 Mar	9	10	11 NAPLAN 11-23 March	12	13 Mini Swimming Carnival Trayning Swimming Pool	14/15
7 Mar	14 Harmony Week 14-22 March	17	18	19	20 National Ride 2 School Day	21/22
8 Mar	23	24	25 NEWSLETTER	26	27	28/29
9 Mar/Apr	30	31	1	2 World Autism Awareness Day	3 GOOD FRIDAY School Holidays!	4/5

Students return to school on Tuesday 21st April

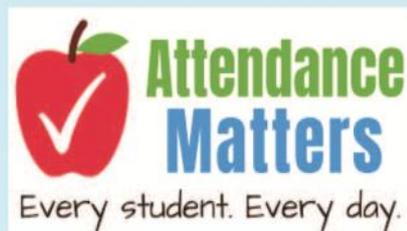
SCHOOL TIMES

8:30 – 8:50	Breakfast Club
9:00-10:40	English Session
10:40-11:00	Recess
11:00-12:00	Maths
12:00- 1:00	Specialist subjects
1:00 - 1:35	Lunch
1:35 - 3:05	Specialist subjects
** Wednesday Early Close 2:35pm	



School Terms

- Term 1 2 February to 2 March
- Term 2 21 April to 3 July
- Term 3 21 July to 25 September
- Term 4 13 October to 17 December



School Notice



TRAYNING PRIMARY SCHOOL



2026 Charges and Voluntary Contributions ~ Kindergarten to Year 6

VOLUNTARY CONTRIBUTIONS	
Years 1 to 6	\$60.00
English	
* Stationery/Resources	\$ 8.00
* Photocopied reference material	\$ 4.00
Mathematics	
* Stationery/Resources	\$8.00
* Photocopied reference material	\$ 4.00
Science	
* Resources	\$ 3.00
* Photocopied reference material	\$ 3.00
HASS	
* Stationery/Resources	\$ 2.00
* Photocopied reference material	\$ 3.00
* Cooking Ingredients	\$ 3.00
Visual Arts	
* Stationery/Resources	\$ 2.00
* Consumables	\$ 3.00
Stem	
* Stationery/Resources	\$ 4.00
* Consumables	\$ 6.00
* Photocopied reference material	\$ 3.00
Health	
* Stationery/Resources	\$ 2.00
* Photocopied reference material	\$ 2.00
Pre Primary & Kindergarten	\$60.00
* Paper based materials	\$20.00
* Work books	\$ 5.00
* Photocopied reference materials	\$10.00
* Stationery	\$10.00
* Computer/digital items	\$10.00
* Cooking ingredients	\$ 5.00
Total per child K - 6	\$60.00

CHARGES - Estimated MAXIMUM Cost									
Item/Year	Kindy	PP	1	2	3	4	5	6	
In-Term Swimming Lessons									
Excursions/Incursions	\$60	\$90	\$90	\$90	\$90	\$90	\$90	\$90	\$90
Bus Travel	\$55	\$55	\$55	\$55	\$55	\$55	\$55	\$55	\$55
School Camp							\$200	\$200	
TOTAL	\$115	\$145	\$145	\$145	\$145	\$145	\$345	\$345	

CHARGES - Extra Cost Options ~ Additional cost items (as above) ARE ESTIMATED MAXIMUM COSTS.
Payment will be requested during the school year when costs and participation by students is confirmed.

Student Requirement List - Personal Items Lists are attached.

Charges & Voluntary Contributions 2026.

Payment can be made by cash, cheque or EFT (Electronic Funds Transfer)

Trayning Primary School

BSB 066 518
Account No 1002 8709

Community Bank
Mukinbudin
Bendigo Bank

FREE ENTRY
KIDS UNDER 15
Thanks to COLGAR

**OUR TOWN
OUR STORIES**

The Bendigo Bank 2026
Merredin & Districts Agricultural Show

Saturday 28th March
Young Farmers Challenge
Free Entertainment
Exhibition
Animal Displays
Writing Competition
Community Displays

Gates open at 10 am
Merredin Regional Community and Leisure Centre
Tickets through MegaMix or at the Gate

School Notice



Government of **Western Australia**
WA Country Health Service

**WE WANT
TO HEAR
FROM YOU**



Are you interested in health?

Would like to contribute to health care in your community?

WA Country Health Service invites you to join the Eastern Wheatbelt District Health Advisory Council (DHAC). This includes the Shires of Bruce Rock, Cunderdin, Kellerberrin, Koorda, Merredin, Mount Marshall, Mukinbudin, Narembeen, Nungarin, Quairading, Tammin, Trayning, Westonia, Wyalkatchem and Yilgarn.

Why join?

Eastern Wheatbelt DHAC members meet bi-monthly at the Merredin Health Service, working together with the community, patients and WA Country Health Service teams to ensure that we provide the best care possible.



CONTACT US

For more information please contact:

Merredin Health Service

Phone: (08) 9081 3222

Email: WBEast.OperationsPA@health.wa.gov.au

District Health Advisory Councils • Engaging with our community

OFFICIAL



POLICE NEWS

Bencubbin Police Station, Lot 282 Monger Street, Bencubbin, WA 6477
Phone: (08) 9685 0200



Hello Everyone,

Burglary – Public Assistance Requested

Bencubbin Police are seeking the community's assistance regarding a burglary that occurred in South Kununoppin, south of Bencubbin.

Between Sunday 15 February and Saturday 28 February 2026, unknown person(s) forced entry into a residence on a rural property on Sachse Road, stealing personal belongings and a white Nissan Navara utility fitted with fire-fighting equipment on the tray.

Anyone with information, CCTV, or dash-cam footage is urged to contact Crime Stoppers WA at www.crimestopperswa.com.au or phone 1800 333 000.

Reports can remain anonymous.



Police Notice

OFFICIAL

Property Damage – Trayning Rec Ground Pavilion

Bencubbin Police received a report from the Shire of Trayning regarding damage at the **Trayning Recreation Ground Pavilion**. Occurred Friday afternoon, 6 March 2026.



Police are making further enquiries. Anyone who witnessed suspicious activity at the Pavilion on Friday afternoon is encouraged to contact the station.

Double Demerit Points – Easter Holiday Period

Double demerit points will apply from:

0001 hours Thursday 02 April 2026 to 2359 hours Monday 06 April 2026

Offences subject to double demerits:

- Speeding
- Seatbelt offences (driver-related)
- Illegal use of mobile phones
- Driving with a BAC of 0.05 or above
- Presence of prescribed illicit drugs / failure to provide an oral fluid or blood sample
- Contravening a red traffic-control signal or arrow
- Driving a vehicle fitted with a device designed to evade speed-camera detection (14 points)
- Driving in a manner intended to evade speed-camera detection (14 points)

There will be increased Road Policing enforcement throughout the long weekend. Please travel safely and plan ahead.

Document Certification – Reminder

Community members requesting certified copies must bring:

- The original document, and
- The photocopy they wish to have certified.

Police officers are unable to certify documents unless the original is sighted.

Seeking Historical Photos of the Bencubbin Police Station

We are looking to decorate the inside of our station with framed historical photos.

If anyone has old photographs of:

- The former Hammond Street police station, or
- The current station from the 1970s, 1980s, or 1990s

—we would greatly appreciate a copy.

Both digital scans and original photos (which can be scanned and returned) are welcome. Please contact the station if you can help preserve a piece of Bencubbin's policing history.

Until next time — stay safe, drive responsibly, and look out for one another.

Bencubbin Police

OFFICIAL



POLICE NEWS

Bencubbin Police Station, Lot 282 Monger Street, Bencubbin, WA 6477
Phone: (08) 9685 0200



Hello Everyone,

Labour Day Long Weekend – Double Demerits in Force

Bencubbin Police remind all road users that Double Demerits apply for the Labour Day long weekend from 0001hrs Friday 27 February 2026 to 2359hrs Monday 2 March 2026.

Offences attracting double points include:

- Speeding
- Drink or drug driving
- Failing to wear a seatbelt
- Running a red light
- Illegal mobile phone use while driving
- Driving a vehicle fitted with a device to evade detection by a speed camera
- Driving in a manner to evade a speed camera

Please travel safely, plan ahead, and take regular breaks on long drives.

Assault Incident – Bencubbin

Police attended a family violence incident just prior to Christmas. A male adult involved in the incident has been charged with aggravated assault occasioning bodily harm.

Stealing Incident – Kununoppin Rubbish Tip

A stealing incident occurred at the Kununoppin tip site on 3 January 2026.

Offenders cut through two 9-foot gates to gain access, before stealing:

- 2 CCTV cameras
- 1 dummy camera
- 1 real CCTV camera

Total property loss is estimated at \$4,000.

Anyone with information is urged to contact Crime Stoppers on 1800 333 000.

Police Notice

OFFICIAL

WA MOBILE PHONE LAWS – WHAT YOU NEED TO KNOW (2026)

Using a mobile phone while driving is one of the most dangerous forms of inattention on WA roads. WA has some of the toughest mobile phone penalties in Australia.

What Is Illegal?

A driver is considered to be illegally using a phone if they:

- Hold it at any time,
- Rest it anywhere on their body (e.g., lap or leg),
- Touch the screen or operate any function (texts, apps, videos, social media),
- Use the device while stopped at traffic lights.

These behaviours are illegal and enforceable in WA and nationally

Legal Use

You may use your phone only if:

- It is secured in a cradle, and
- Used hands-free for audio calls, music, or navigation only.

No manual interaction is permitted while the vehicle is moving or stationary in traffic.

Current Penalties in WA

- \$500 fine + 3 demerit points for touching a mounted phone to accept/end a voice call.
- \$1,000 fine + 4 demerit points for high-risk actions such as texting, scrolling, social media use, video calls, or using apps.

Double Demerits Apply

Illegal phone use attracts double demerits over long weekends and holiday periods.

Why It Matters

According to WA Government road safety data:

- Drivers looking at their phones are 3× more likely to crash,
- Answering a handheld call increases crash likelihood by 4×,
- A 2-second glance at 60 km/h = travelling 33 metres blind.

The message is simple: ***Put the phone away. Every trip. Every time.***

Until next time — stay safe, drive responsibly, and look out for one another.

Bencubbin Police

APRIL

Mon	Tue	Wed	Thu	Fri	Sat	Sun
		1	2	3 Public Holiday Good Friday	4 Nungarin Vintage Rally & searchlight party	5 Nungarin Markets Easter Sunday
6 Public Holiday Easter Monday	7 	8 	9	10	11 Beverley Airshow Tammin Tamm-in-Fused Festival	12
13 The Quizzical Mr Jeff	14 	15 Ordinary council meeting 	16	17	18	19
20	21 	22	23	24	25 	26
27 Public Holiday	28 	29	30			